



Information for parents and guardians about My Health Record

What is My Health Record?

My Health Record is an online summary of your key health information. Over time, My Health Record will bring together health information such as medical conditions, medicines, allergies and test results in one place.

Your health information can be viewed securely online, from anywhere, at any time – even if you move or travel interstate. You can access your health information from any computer or device that's connected to the internet. Registered healthcare providers involved in your care can access your health information, which helps them to make clinical decisions.

Who controls my child's My Health Record?

As a parent or guardian of a child or dependant under 18, you can:

- ◆ register your child or dependant for a My Health Record;
- ◆ opt your child or dependant out of My Health Record if you do not want them to have one; and
- ◆ view and manage a child or dependant's record.

From the age of 14, a young person can take control of their record. This means their parent or guardian will no longer be authorised to act on their behalf. However, they can make you a nominated representative if they wish. Once your child or dependant turns 18, your access to their record will be automatically removed.

An authorised representative is a person who has parental or legal authority to act on behalf of an individual. There can be more than one authorised representative with access to a My Health Record.



Managing a My Health Record

If you take control of your child or a dependent's My Health Record, you will be listed as their 'authorised representative'. You will be responsible for managing their record until they turn 18 unless they choose to take control of it themselves at age 14.

If you believe your child lacks the capacity to make their own decisions, you will need to prove this to the My Health Record System Operator by providing a letter from a health professional qualified to assess capacity, or by a court order.

Privacy – how you can control what's in your child's My Health Record

There are a number of privacy settings you can choose to set which will restrict access of who can see your child's My Health Record. You can set these controls by logging into your child's My Health Record via mygov.au or by calling the Help line on 1800 723 471.

When your child turns 18

When your child turns 18 years old, all authorised and nominated representatives linked to that account will have their access automatically cancelled by the System Operator.

Before your child turns 18, they will be sent a letter notifying them that their authorised representatives (generally a parent or guardian) will no longer be able to access their My Health Record when they turn 18 years, and the child is encouraged to take control of their own My Health Record.



For more information go to:

MyHealthRecord.gov.au | Help line 1800 723 471