



# How to opt out of My Health Record for 14-17 year olds

## What is My Health Record?

In 2018, you will get a My Health Record unless you tell us you don't want one.

My Health Record is an online summary of your key health information. Over time, My Health Record will bring together health information such as medical conditions, medicines, allergies and test results in one place.

Your health information can be viewed securely online, from anywhere, at any time. You can access your health information from any computer or device that's connected to the internet. Registered healthcare providers involved in your care can access your health information, which helps them to make better informed clinical decisions.

Having a My Health Record does not change or affect in any way the confidential relationship you have with your healthcare provider regardless of your age.

## How to opt out of having a My Health Record in 2018

If you are 14 years or over, it is your choice to have a My Health Record. If you don't want one, you can opt out by 15 November 2018 at [MyHealthRecord.gov.au](http://MyHealthRecord.gov.au) or by calling the Help line. You will need to verify your identity before you can opt out.

For more information about the benefits of having a My Health Record, go to [MyHealthRecord.gov.au](http://MyHealthRecord.gov.au).



## How to verify your identity when opting out

If you are opting out online, you will need your Medicare number, as well as either a current driver's licence or a learner's licence, or ImmiCard or a Passport (can be expired up to two years).

If you don't have this identification and still want to opt out, please call the Help line on 1800 723 471. They will ask you a few questions to verify your identity. The Help line is free to call from most mobile carriers.

## Where do I find my Medicare number?

If you are on your parent's Medicare card, your Medicare number will be on your parent or guardian's Medicare card. You will also need to tell us what number you are on the card (Individual Reference Number). If you are over 15 years old, you may have your own Medicare number. If you can't find your Medicare number, contact Medicare on 132 011 who can provide it to you.

## Out of home care

If you are 14-17 years old and living out of home, you have the same right to choose to have a My Health Record or to opt out of having one.

Children older than 14 are able to opt out and don't need a state agency to this on their behalf.



For more information go to:

**MyHealthRecord.gov.au** Help line 1800 723 471