

# My Health Record Mental Health Resources



My Health Record

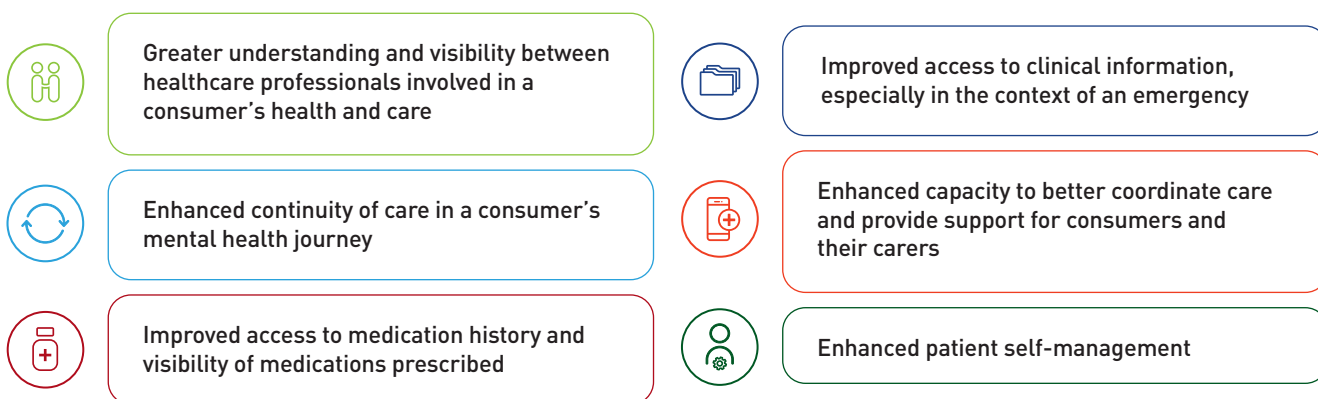
## Summary Sheet

### About these resources

The My Health Record Mental Health Toolkit and associated resources equip mental healthcare providers with the tools and information they need to use the My Health Record system to support consumers. The resources explain the benefits of using My Health Record, how to use it, and give specific examples and scenarios that reflect the diverse needs of consumers.

### Benefits for you and your team

The My Health Record system can transform quality, experience and value in Australia's healthcare system through a range of important benefits, including:



### Who should use these resources?

The toolkit and associated resources are designed to be used by mental health providers, allied healthcare professionals, practice owners and staff as needed.

### What do these resources cover?

- Overview of the My Health Record system and the type of clinical documents in a My Health Record (Chapter 1)
- Provider's privacy and security obligations (Chapter 2)
- Information to help healthcare providers introduce My Health Record to consumers and their carers (Chapter 3)
- Information to help healthcare providers respond to consumer concerns (Chapter 4)
- How to register and connect to the My Health Record system (Chapter 5)
- How to view and upload information in a consumer's My Health Record (Chapter 6)
- Who to contact for help and support (Chapter 7)

The toolkit includes flowcharts, workflows, journey maps and specific case studies informed by on-the-ground provider and consumer experiences.

Additional standalone resources include:

- Organisation checklist
- Consumer journey maps
- Registration summary and flowchart
- Clinician factsheet

For more information go to:

**MyHealthRecord.gov.au**

Help line 1800 723 471



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